

## Finding Peace

"These things I have spoken unto you, that in me ye might have peace. In the world ye shall have tribulation: but be of good cheer; I have overcome the world." John 16:33

When the angels announced to the shepherds that Jesus was born, they said, "Glory to God in the highest, And on earth peace among men in whom he is well pleased."<sup>1</sup> All people acknowledge that the presence of peace is an important component in having a sense of wellbeing. The absence of peace results in anxiety, uncertainty, and insecurity, which in turn produces stress and ill health.

Your peace is threatened by such things as fear of the unknown, unjust acts, pain, and broken relationships. **The world offers a variety of solutions that will ostensibly bring you peace, but ultimately you will only find it in God.** In the opening verses of Paul's pastoral epistles he says, "Grace, mercy, peace, from God the Father and Christ Jesus our Lord." Peace is the product of God's grace and mercy. You find it in your relationship with God, but nowhere else.

<sup>1</sup> Luke 2:14